

Lunch Menu November 2024



Did you know?

Staying active helps build strong bones and muscles, relieves stress, and protects your heart. Aim for 1 hour or more of physical activity every day. Do whatever you love to do – Just get moving!



Questions or Comments?

Neal Cunningham
505-721-1127
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This institution is an equal opportunity provider

Monday	Tuesday	Wednesday	Thursday	Friday
<p>4</p> <p>Lunch Cheeseburger Straight Cut Fries Applesauce Milk Snack Cucumber Slices/Juice</p>	<p>5</p> <p>Election Day</p>	<p>6</p> <p>Lunch Chicken Noodle Soup w/Crackers Fresh Orange Slices Milk Snack Diced Pears/Juice</p>	<p>7</p> <p>Lunch Spaghetti w/Meat Sauce Bread Stick Diced Peaches Milk Snack Applesauce w/Graham Cr</p>	<p>1</p> <p>Lunch Cheese Pizza Potato Tots Fresh Orange Slices Milk Snack Goldfish Cracker/Juice</p>
<p>11</p> <p>Veterans Day</p>	<p>12</p> <p>Lunch Cheese Quesadilla Refried Beans Mandarin Oranges Milk Snack Sliced Apples/Sunbutter</p>	<p>13</p> <p>Lunch Turkey Dog Tater Tots Diced Peaches Milk Snack Fruit Mix/Juice</p>	<p>14</p> <p>Lunch Chicken Nuggets Crinkle Cut Carrots Applesauce Milk Snack Graham Cracker/Juice</p>	<p>15</p> <p>Lunch Cheese Pizza Steamed Broccoli Mandarin Oranges Milk Snack Cinn. Toast Stick/Juice</p>
<p>18</p> <p>Lunch Turkey & Cheese Sand Green Beans Fresh Orange Slices Milk Snack Dry Apple Jacks/Juice</p>	<p>19</p> <p>Lunch Chicken Fried Rice w/Crackers Applesauce Milk Snack Goldfish Pretzel/Juice</p>	<p>20</p> <p>Lunch Beef Taco-Flour Tortilla Spanish Rice Diced Peaches Milk Snack Applesauce/Cracker</p>	<p>21</p> <p>Lunch Grilled Cheese Cooked Carrot Sticks Cucumber Slices Milk Snack Yogurt w/Banana</p>	<p>22</p> <p>Lunch Sunbutter & Jelly Sand Sweet Potato Diced Peas Milk Snack Graham Cracker w/Juice</p>
<p>25</p>	<p>26</p>	<p>27</p>	<p>28</p>	<p>29</p>
Thanksgiving Break				



Breakfast Menu November 2024



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Monday	Tuesday	Wednesday	Thursday	Friday
				1 Breakfast Cheerios Cereal Toast Strips Milk Snack Diced Pears Milk
4 Breakfast Vanilla Yogurt Fresh Banana Milk Snack Apple Muffin Milk	5 Election Day	6 Breakfast Kix Cereal Applesauce Milk Snack Goldfish cracker Milk	7 Breakfast Waffles Turkey Sausage Milk Snack Fresh Banana Slices Milk	8 Breakfast Apple Jacks Cereal Diced Pears Milk Snack Goldfish Pretzels Milk
11 Veterans Day	12 Breakfast Pancakes Turkey Sausage Milk Snack Graham Cracker Milk	13 Breakfast Cinnamon Toast Apple Sauce Milk Snack Dry Cheerios Cereal Milk	14 Breakfast Scrambled Eggs Tortilla Milk Snack Diced Peaches Milk	15 Breakfast Cheerios Cereal Diced Pears Milk Snack Vanilla Yogurt Graham Cracker
18 Breakfast Oatmeal Cereal w/Raisins Milk Snack Diced Pears Milk	19 Breakfast Vanilla Yogurt Graham Cracker Milk Snack Blueberry Muffin Milk	20 Breakfast Boiled Eggs Toast Strips Milk Snack Goldfish Crackers Milk	21 Breakfast Apple Jacks Cereal Fresh Orange Slices Milk Snack Cinnamon Toast Milk	22 Breakfast Waffles Diced Peaches Milk Snack Goldfish Pretzel Milk
25	26	27	28	29
Thanksgiving Break				